

Name _____ Grade _____

St. Mary Magdalene Catholic School Band Alto Saxophone Daily Practice Homework Routine 2

Practice this page every day.



Find somewhere quiet and well lit where you can practice.

Follow the **THREE BAND RULES**: 1. Sit on the edge of your chair. 2. Feet flat on the floor. 3. Hold still.

1. MOUTHPIECE AND NECK PRACTICE—Do this with your mirror.

Count in your mind as you play for 4 counts. At the time you say “rest -2-3- 4” your sound stops as you freeze.

Do this 8 times.



- Think Doooooooooooo
- Form an “O” shape
- Anchor your corners.
- Anchor your top teeth on mouthpiece.
- Your lower lip is rolled slightly over your bottom teeth.

2. LONG TONES – Play each slowly 5 times.

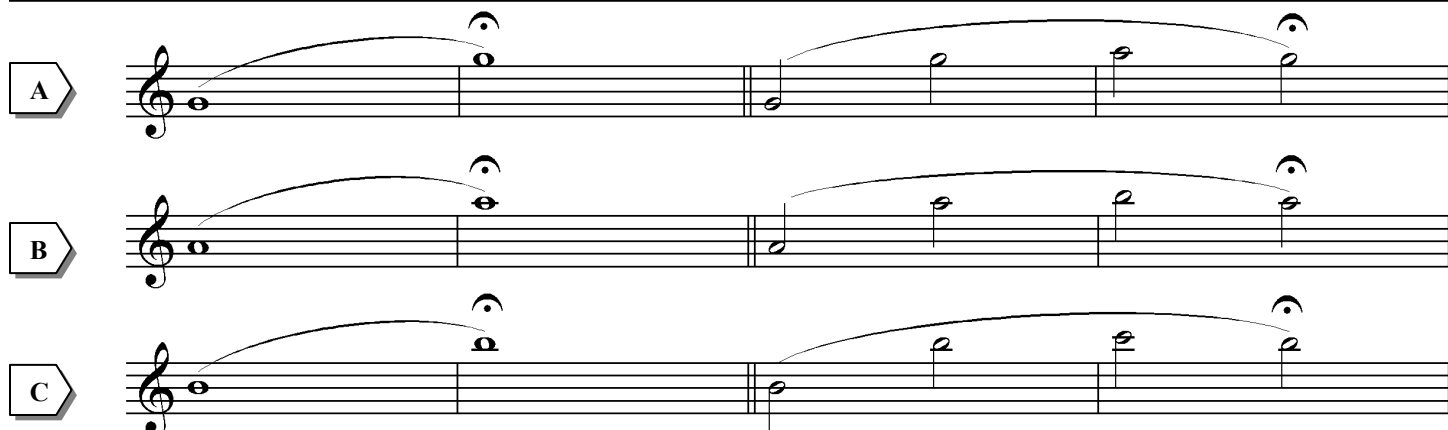
“Always count in your mind and play with your best possible sound.”



3. LEGATO TONGUING



4. OCTAVES - Move to the “eeeeeee” position for upper octave. Play through the entire exercise.

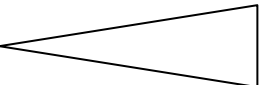


4. DYNAMICS WARM UPS

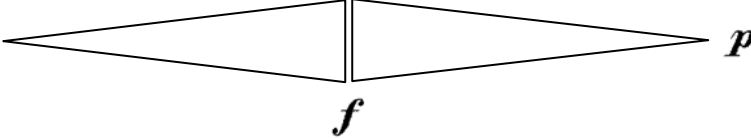
Practice on each note of the B^b concert scale or another scale of your choice. Count out loud in your mind as you play.

A *f*  *p* *f*  *p*

5.....4.....3.....2.....1 REST...2...3 5.....4.....3.....2.....1

B *p*  *f* *p*  *f*

1.....2.....3.....4.....5 REST...2...3 1.....2.....3.....4.....5

C *p*  *p*

1.....2.....3.....4.....5.....4.....3.....2.....1 REST...2...3

5. SCALES & THE CIRCLE OF 4ths

Flats \longrightarrow $\xrightarrow{5}$ $\xrightarrow{6}$ $\xrightarrow{7}$ $D^b - G^b - C^b$ \longleftarrow Sharps

$\xrightarrow{1}$ $\xrightarrow{2}$ $\xrightarrow{3}$ $\xrightarrow{4}$ $C - F - B^b - E^b - A^b$ or or or $E - A - D - G$

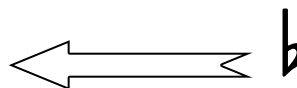
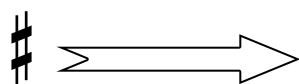
$C^\# - F^\# - B$

$\xrightarrow{7}$ $\xrightarrow{6}$ $\xrightarrow{5}$

4 3 2 1

Major Scales

Concert Scale	Your Scale							
1.								
2.								
3.								
4.								
5.								



Fat **C**ows **G**o **D**ancing **A**round **E**very **B**ush

