

Name _____ Grade _____

St. Mary Magdalene Catholic School Band

Flute Daily Practice Homework Routine 2

Practice this page every day.



Find somewhere quiet and well lit where you can practice.

Follow the **THREE BAND RULES**: 1. Sit on the edge of your chair. 2. Feet flat on the floor. 3. Hold still.

1. HEAD JOINT PRACTICE

Count in your mind as you play for 4 counts. At the time you say “rest -2-3- 4” your sound stops as you freeze.

COVERED
(4 Times)



UNCOVERED
(4 Times)



2. LONG TONES & SHIFTING WARM UPS – Play each slowly 5 times.

“Always count in your mind and play with your best possible sound.”

A



B



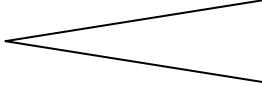
C

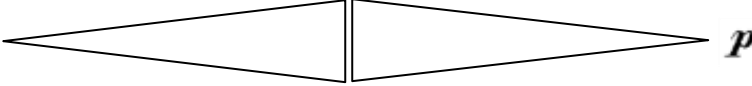


3. DYNAMICS WARM UPS

Practice on each note of the B^b concert scale or another scale of your choice. Count out loud in your mind as you play.

A *f*  *p* *f*  *p*
 5.....4.....3.....2.....1 REST...2...3 5.....4.....3.....2.....1

B *p*  *f* *p*  *f*
 1.....2.....3.....4.....5 REST...2...3 1.....2.....3.....4.....5

C *p*  *p*
f
 1.....2.....3.....4.....5.....4.....3.....2.....1 REST...2...3

4. FINGER TECHNIQUE - Play each slowly 5 times.



5. LEGATO TONGUING

No Breathe



Continue up & down the entire scale in the same pattern.

6. VIBRATO

p = Push the air stream.



Practice using the Bb concert scale.

7. SCALES & THE CIRCLE OF 4ths

Flats \longrightarrow $\overset{5}{D^b} - \overset{6}{G^b} - \overset{7}{C^b}$ \longleftarrow Sharps

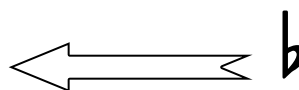
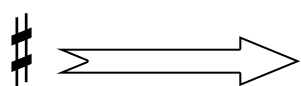
$\overset{1}{C} - \overset{2}{F} - \overset{3}{B^b} - \overset{4}{E^b} - A^b$ or or or $E - A - D - G$

$C^\# - F^\# - B$ $\overset{4}{E} - \overset{3}{A} - \overset{2}{D} - \overset{1}{G}$

$\overset{7}{C^\#} - \overset{6}{F^\#} - \overset{5}{B}$

Major Scales

Concert Scale	Your Scale							
1.								
2.								
3.								
4.								
5.								



Fat Cows Go Dancing Around Every Bush

