

Name _____ Grade _____

**St. Mary Magdalene Catholic School Band
Trombone and Baritone Daily Practice Homework Routine 2**

Practice this page every day.



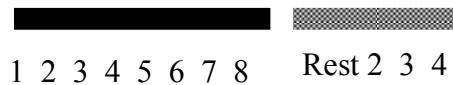
Find somewhere quiet and well lit where you can practice.

Follow the **THREE BAND RULES**: 1. Sit on the edge of your chair. 2. Feet flat on the floor. 3. Hold still.

1. MOUTHPIECE BUZZING PRACTICE—Do this with your mirror.

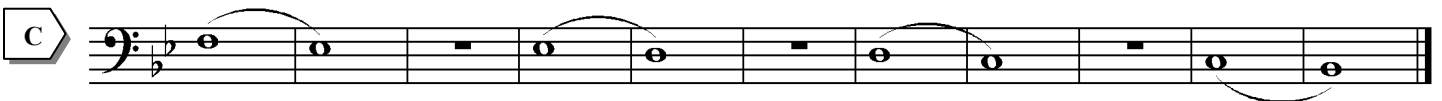
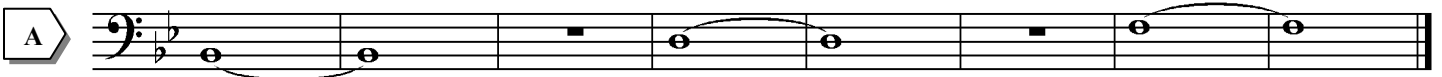
Count in your mind as you play for 4 counts. At the time you say “rest -2-3- 4” your sound stops as you freeze.

BUZZ EACH
1 Time High
1 Time Low



2. LONG TONES – Play each slowly 2 times.

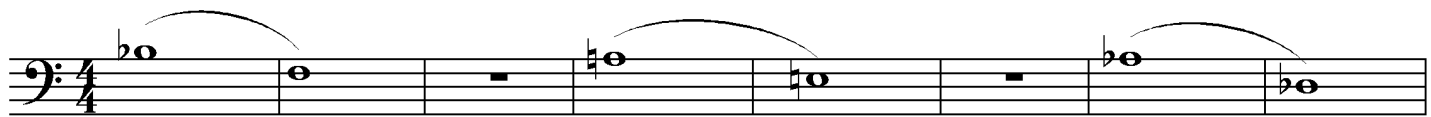
“Always count in your mind and play with your best possible sound.”



E Natural
2nd Position

Db
5th Position

3. SLURRING – “EEEE=High AHHHH=LOW” Play with your best sound.



Bb F
1stPosition _____
0

A Natural E Natural
2ndPosition _____
2

Ab Db
3rdPosition _____
1



4thPosition _____
12

F# C#
5thPosition _____
23

1stPosition _____
0

4. LEGATO TOUNGING

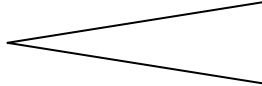



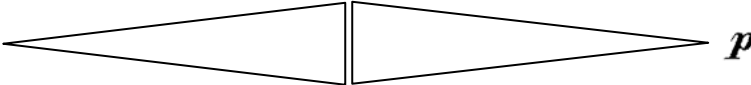
Continue up & down the entire Bb scale in the same pattern.

5. DYNAMICS WARM UPS

Practice on each note of the B^b concert scale or another scale of your choice. Count out loud in your mind as you play.

A *f*  *p* *f*  *p*
5.....4.....3.....2.....1 REST...2...3 5.....4.....3.....2.....1

B *p*  *f* *p*  *f*
1.....2.....3.....4.....5 REST...2...3 1.....2.....3.....4.....5

C *p*  *p*
1.....2.....3.....4.....5.....4.....3.....2.....1 REST...2...3

6. SCALES & THE CIRCLE OF 4ths

Flats \longrightarrow $\xrightarrow{5}$ $\xrightarrow{6}$ $\xrightarrow{7}$ $D^b - G^b - C^b$ \longleftarrow Sharps

$\xrightarrow{1}$ $\xrightarrow{2}$ $\xrightarrow{3}$ $\xrightarrow{4}$ $C - F - B^b - E^b - A^b$ or or or $E - A - D - G$

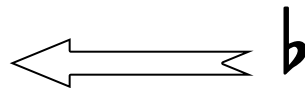
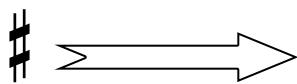
$C^\# - F^\# - B$

$\xrightarrow{7}$ $\xrightarrow{6}$ $\xrightarrow{5}$

4 3 2 1

Major Scales

Concert Scale	Your Scale							
1.								
2.								
3.								
4.								
5.								



Fat **C**ows **G**o **D**ancing **A**round **E**very **B**ush

