

How to Help Your Child Succeed

Taken from a New York Times article, here are some guidelines for students, teachers, and parents to work together for a successful year. Please follow this link for [the article](#)

Do:

- Focus on the process, not the product. What can the student learn to do differently?
- Encourage kids to self-advocate. Help your student learn to problem solve.
- Keep a long-term perspective. Set some measurable goals.
- Maintain a healthy sleep schedule.
- Love the child you have, not the child you wish you had. Each student has his/her own strengths.

Don't:

- Overschedule. What works for one family may not work for another.
- Worship grades. Praise on effort and learning curiosity.
- Encourage helplessness. Share examples of how you solve problems.
- Compare kids to one another.
- Love kids based on their performance. Look for growth.

