

In the beginning of the school year, we experience many new routines, friends, and schedules. Here are some ways to engage with your child to find out about their day:

- Tell me about the best part of your day.
- What was the hardest thing you had to do today?
- Tell me about what you read in class.
- Who did you play with today? What did you play?
- Who did you sit with at lunch?

These open ended questions can help you get past the usual response from children who say their day was “fine”. Additional questions can be found on the website [10 Questions to Ask Kids About Their Day at School](#)

The school day is filled with teachable moments. At home you can support your child's success by establishing a daily family routine for mealtimes, homework, chores and bedtime as well as time for family activities. Encourage your child to be responsible and to work independently. Be available for their questions, but give your child time to do homework and then have him or her show you their work so you can keep up with their progress.

Please reach out to Mrs. Nikki Curliss, the Guidance Counselor, if you have any questions.